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Soul Sickness and Soul Healing: A Quantum Information-Based Framework

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Abstract

Soul sickness and soul healing are concepts frequently mentioned in spiritual and religious texts. However, can these phenomena be scientifically defined and studied? In this paper, we propose a framework for defining soul sickness and soul healing mathematically, drawing on insights from Tao Science and our prior work on the mathematical definition of soul and life. Specifically, we define soul as the quantum information in one's quantum vibrational field. We introduce the concepts of positive information and negative information. Positive information refers to the connection, order, and harmony within an object or system, while negative information represents disconnection, disorder, and disharmony. Life, in this context, is defined as a system capable of systematically maintaining, developing, and transmitting positive information.

Building on this understanding, we define soul sickness as a state in which a life system experiences a significant increase in negative information and/or a decrease in positive information within its quantum field. Soul sickness is posited as the root cause of all physical, emotional, and spiritual ailments, as well as the challenges and difficulties one encounters in life. Conversely, soul healing is the process of transforming negative information in the quantum field into positive information. By addressing the root cause of sickness and life's challenges, soul healing offers a profound way to resolve difficulties and elevate life at its deepest level. The paper explores various types of soul sickness, their causes, and multiple soul healing techniques. We also present clinical research and case studies demonstrating the efficacy of soul healing. Our findings suggest that soul healing is urgently needed for individuals, humanity as a whole, and the world at large. Soul healing can be self-administered or performed remotely for others, making it accessible and versatile. These techniques are easy to learn, simple to apply, and pleasant to practice. They can be integrated into various fields, including medicine, psychiatry, business consulting, and other professions, either as standalone practices or in conjunction with existing healing modalities and medical treatments. By enhancing the efficacy of other treatments, soul healing can improve health, wellness, and overall success in life. In conclusion, soul healing represents a transformative approach to addressing the root causes of sickness and life's challenges. Its universal applicability and ease of use make it a valuable complement to modern medical practices and other healing modalities, offering a pathway to deeper well-being and harmony.

Keywords: Soul sickness, Soul healing, Positive information, Negative information, Application of quantum physics, Quantum theory of soul, Quantum theory of consciousness, Quantum theory and definition of life

Introduction

Current allopathic medicine, such as pharmacology and surgery, often treats symptoms rather than addressing the root cause of diseases. Furthermore, the side effects and risks associated with medical interventions, known as iatrogenesis [1] or Adverse Drug Reactions (ADRs), are the fifth leading cause of death worldwide, with 5%-8% of global deaths attributed to ADRs [2]. Is it possible

to develop medications and procedures that address the root cause of sickness without side effects? Physics and mathematics form the foundation of natural science, providing the principles and methods to study natural phenomena. Physics is broadly divided into classical physics and modern physics. Classical physics primarily examines the motion of objects under the influence of external



forces. However, discoveries in the early twentieth century revealed that classical physics is insufficient for studying the internal structure of objects and how this structure influences their characteristics and properties. This limitation led to the development of quantum physics, which addresses these complexities. Despite its revolutionary impact on science and technology, quantum physics has posed significant challenges for physicists in understanding its metaphysical implications, particularly its indeterministic, subjective, and non-local qualities. As a result, its application to the study of life and medicine has remained limited.

We propose that the drawback of current medicine lies in its reliance on classical physics, which cannot reveal the internal state of the body. Quantum physics is needed to develop better medicine. Quantum physics studies what everything is made of and how it behaves at a deeper level [3-5]. Classical physics is a rough approximation of quantum physics, averaging out internal states. Classical physics cannot provide an accurate or true description of the internal state of an object. For instance, quantum physics is required to study the internal structure of an atom [3-5]. Similarly, quantum physics is necessary to understand the internal state of the sun and why it shines [6]. Classical physics cannot address these problems. In the same way, to find the root cause of sickness and develop better medicine, one must apply quantum physics to medical science. This approach is missing in current research, study, and development of medicine. Soul sickness is referenced in many spiritual texts and various traditional healing practices. In Christianity, soul sickness is associated with the concept of sin, brought about by harmful thoughts, speech, and actions. It can be healed through repentance, the mercy of God, and redemption through Jesus Christ [7,8]. In Buddhist and Taoist teachings, soul sickness is related to one's karma. Karma is the sum of a person's past actions, especially the impact of one's past actions on others [9,10]. Soul healing is accomplished through good deeds and the accumulation of virtue. In Muslim teachings, sin and misdeeds are the source of sickness and misfortune, which can be cured by relying on the mercy, forgiveness, and generosity of Allah [11]. In Shamanic traditions, soul sickness is often correlated with soul loss due to traumatic experiences. Soul healing centers on calling back the lost soul [12].

In recent years, physicians and researchers have begun to notice the connection between physical, emotional, and mental sickness and soul sickness [13-21]. Facing the persistent and increasing North American epidemic of addiction to prescription painkillers and opioids, Sonia Waters proposes that addiction is a soul sickness related to a lack of interpersonal connection and spiritual oppression [22]. Some physicians are beginning to recognize the importance of soul sickness, pointing out that "soul sickness is a frequently missed diagnosis" [21]. With the astonishing increase in deaths due to despair in the US, more health professionals are starting to realize the importance of spiritual health [23,24]. Divinity School fellows have found that loneliness, isolation, and division are increasing across the United States, urging that "America needs to care for its soul" [24]. Can soul sickness and soul healing be sci-

entifically defined and studied? In this paper, we use insights from Tao Science and quantum physics, along with our previous work on the quantum theory of consciousness, soul, and life, to provide a scientific definition of soul sickness and soul healing [25-31]. Based on this definition, we will show that soul sickness is the root cause of all sickness and difficulties in life. We will also discuss various soul healing techniques.

Tao Science is an interdisciplinary field that bridges ancient wisdom about Tao-the source and fundamental essence of all things-with the mathematical frameworks and discoveries of quantum physics [25]. Rooted in ancient Chinese teachings about the Tao, Tao Science provides a unique lens for interpreting quantum physics [26], enabling the application of quantum principles to the study of consciousness [27], the soul (or spirit) [28], and life itself [29]. In the following sections, we will first review our previous work on the Quantum Theory of Consciousness (QTOC), the soul, and life, with a particular focus on the mathematical definitions of positive information and negative information [30,31]. We will also explore how these concepts provide a foundation for defining the soul and life mathematically. Building on this framework, we will then define soul sickness and soul healing. From this perspective, we will discuss the significance of soul healing, examine various soul healing techniques, and present clinical studies that demonstrate their effectiveness.

Method and Material

New Interpretation of Quantum Physics Based on Tao Science

Our new interpretation of quantum physics [25,26] is rooted in the ancient Chinese wisdom that everything is composed of Shen, Qi and Jing. In our book, Tao Science [25], we define Jing as matter, Qi as energy, and Shen as information. This framework leads to a new interpretation of quantum physics. Our proposal of Quantum Theory of Consciousness (QTOC) [27], Quantum Theory of Soul (QTOS) [28] and quantum theory of life [29] are based on this new interpretation of quantum physics, which includes the following two insights.

Principle One: At the deepest quantum level, everything is a quantum vibrational field carrying information, energy, and matter.

- a) Matter is what we observe and experience in life, including health, relationships, finance, and every aspect of physical life.
- b) Energy is what moves and changes matter.
- c) Information is what informs. It determines the shape, form, and other quality and quantity of energy and matter.

Information has three aspects:

- #1. Content of information
- #2. Receiver and emitter of information
- #3. Processor of information

In the quantum theory of the soul, we propose the following definitions [28]:

- a) Soul is the content of information carried in one's quantum field.
- b) Spiritual heart is the receiver and emitter of information.
- c) Mind is the processor of information.

With these definitions, soul, spiritual heart, mind, energy, and matter are different aspects of one's existence. Using quantum physics, one can study the soul, spiritual heart, mind, and consciousness, just as one can study the energy and matter of everything.

Principle Two: An Object Absorbs Quantum Vibrations Through Resonance. This Reception and Processing of Vibrations-Including Information, Energy, and Matter-Leads to Both Observed Phenomena and Subjective Conscious Experience. Observed phenomena and the subjective conscious experience of them are manifested by the observer through the reception of quantum vibrations and are determined by the characteristics of those vibrations, i.e., the information received by the observer.

The manifestation process is as follows:

Step 1: Soul offers the information.

Step 2: Spiritual heart receives the information from the soul.

Step 3: Mind processes the information received by the spiritual heart and directs where energy goes.

Step 4: Energy moves and changes matter.

Step 5: The moved or transformed matter is what we observe and experience.

In QTOC and QTOS, the soul-the sum of information carried in one's quantum vibrational field-is the essence and critical element of life, determining one's health and every aspect of life. These two quantum theories address the mind-body problem. They explain how the body can have a soul and conscious experience and how consciousness and the soul determine observed phenomena and one's experience of them. They show how the soul, spiritual heart, mind, and consciousness affect one's physical, emotional, mental, and spiritual health and wellness, relationships, finances, career, and every aspect of life.

Mathematical Definition of Positive Information and Negative Information

To study the qualities of the soul, we need to study different types of information. The measurement of information is entropy. Currently, quantum information theory has been progressing rapidly. Various types of information have been studied, such as relative entropy, entanglement entropy, and holographic entropy. In Tao Science, for the sake of studying the qualities of the soul, we propose to define two kinds of information: positive information and negative information [29-31].

Definition of Positive Information: Positive information is the order, connection, coherence, and correlation that a system has within itself and with others.

In a healthy body, cells have order within themselves. They are connected with other cells and organs. They can cooperate with each other. Healthy bodies have positive information. The message that one is loved is positive information because it can lead to more connections within oneself and with others. Generally, the more connection and coherence within cells, organs, and systems, the more positive information is within us, and the healthier we are. The connection among people-the positive information in relationships-can lead to better relationships. The beneficial connections within an organization-the positive information in an organization-can lead to greater productivity, creativity, harmony, and success. Increasing positive information can bring better health, relationships, flourishing, creativity, and success. Entanglement entropy, holographic entropy, and relative entropy are some forms of positive information in objects and systems.

Definition of Negative Information: Negative information is the disorder, disconnection, decoherence, and uncertainty that a system has within itself and with others.

The message that one is not loved is negative information, as it may lead to disconnection and isolation. Negative information inside the body and the corresponding disconnection within our body, organs, cells, and tissues can lead to dysfunction and sickness. Disconnection between people-the negative information in a relationship-can lead to relationship challenges. Negative information leads to disorder, uncertainty, ignorance, decay, sickness, disasters, and difficulties in our lives. Information described by Claude Shannon, the entropy, corresponds to the negative information defined here because entropy counts the disorder and uncertainty in a system. In principle, the amount of positive information and negative information in a system can be calculated. The calculation of negative information is given in current physics, which is to calculate the entropy of a system. In [30], we show how to calculate the positive information for a system, which is to calculate the correlations and coherence existing in a system. With the definition of positive and negative information, one can also define positive and negative energy and matter.

Definition of Positive Energy and Matter: Positive energy and matter are the energy and matter that carry or bring about positive information.

Good health and relationships are positive matter and give positive energy because they carry or can bring about more positive information.

Definition of Negative Energy and Matter: Negative energy and matter are the energy and matter that carry or bring about negative information. Sickness and disharmony in relationships are negative matter and energy because they carry and can bring about negative information. As one can see, information determines

whether energy and matter are positive or negative. Information determines energy and matter.

Mathematical Definition of Life

For life to occur, order and connection must be present. Our body can function due to the order and connection existing at the atomic, molecular, cellular, neural, and organic levels inside our body and with the environment. We set up families, businesses, societies, and countries to establish and develop greater order and connections to enhance life. By building and enhancing connection, one increases one's positive information. Positive information brings order, certainty, connection, productivity, efficiency, health, longevity, joy, harmony, wisdom, success, and greater life. We suggest that positive information provides a way to scientifically define life in a measurable and mathematical way [29,31].

The definition of life has long been a challenge for scientists and philosophers. Especially with the possibility of life existing outside of Earth, which could be in a completely different form and shape from life on Earth, it is necessary to give life a general and mathematical definition. There is no consensus for a definition of life; most current definitions in biology are descriptive. Life is considered a characteristic of something that preserves, furthers, or reinforces its existence in a given environment. Its traits include homeostasis, organization, metabolism, growth, adaptation, response to stimuli, and reproduction. From a physics perspective, life is an open thermodynamic system. A NASA committee attempted to define life for the purpose of astrobiology as a self-sustained chemical system capable of undergoing Darwinian evolution. R. W. Piast proposed defining life as a continuum of self-maintainable information [32,33]. We propose a new mathematical definition for life as follows:

Mathematical Definition of Life

Life is a system that can maintain, enhance, develop, and pass on positive information in an organized and systematic way: The biological traits of life-homeostasis, organization, metabolism, growth, adaptation, reproduction, and response to stimuli-all exist to maintain, enhance, develop, and pass on positive information in an organized and systematic way. It is discovered in symbiogenesis that "life did not take over the globe by combat, but by networking" (i.e., by cooperation), as indicated by Margulis and Dorion Sagan [33]. The development and evolution of life through symbiogenesis is to increase positive information. The more positive information a life system has, the more developed and advanced that life system is, and the more power, influence, and impact it can have. This mathematical definition of life makes it possible to explore life in a form completely different from life on Earth. This mathematical definition of life leads to a natural conclusion about the purpose of life [29].

The purpose of life is to maintain, enhance, develop, and spread positive information: This definition of life gives us insight into the deeper meaning and purpose of life. It is to build greater

connection and positive information, which can lead to greater life, wisdom, power, impact, freedom, and creativity.

Result

Soul Sickness

Mathematical Definition of Soul Sickness: With the mathematical definition and understanding of life based on quantum physics, we can now provide a mathematical definition for soul sickness:

Mathematical Definition of Soul Sickness

Soul sickness is the state of a life system that has a significant increase in negative information with a decrease in positive information, which affects the life system's function and fulfillment in certain areas of life.

Examples of Soul Sickness

Soul Sickness-Example 1: Phantom Limb Syndrome: Among persons with limb loss, chronic pain in the removed limb is highly prevalent (more than 80%), regardless of the length of time since the amputation [34]. This phenomenon is known as "phantom limb syndrome." It is found that the increased intensity of bothersome pain levels at pain sites correlates with the presence of depressive psycho-emotional symptoms. The relationship between pain and symptoms of depression among amputees and the underlying reason why phantom pain occurs remain controversial in the medical field. It is not difficult to see that phantom limb syndrome is caused by the accumulated negative information associated with the limb. According to our definition of soul sickness, phantom limb syndrome is a soul sickness. Although the physical limb no longer exists, the negative information associated with the limb caused by the trauma of the amputation and what might have preceded the amputation is still present in one's quantum field. That is why pain or other sensations can continue for amputees. This quantum negative information can also cause psycho-emotional depression. This is why these symptoms are likely to occur simultaneously.

Soul Sickness-Example 2: Post-Traumatic Stress Disorder

Post-Traumatic Stress Disorder (PTSD) is a mental health condition triggered by either experiencing or witnessing a terrifying event. It is a soul sickness caused by increased negative information brought about by internalized trauma. It can have a subtle or profound impact on a person for a short or long term, affecting one's health, wellness, relationships, marriage, career, and many additional aspects of one's life.

Soul Sickness-Example 3: Racism

Racism is a soul sickness because it brings about separation and disconnection among different peoples and increases negative information within oneself and in society. It is a soul sickness affecting both society and the individuals within it. This soul sickness can lead to various physical, emotional, and mental sicknesses, as

well as violence, poverty, conflict, war, and elevated relationship and financial problems and challenges at both the individual and societal levels.

Soul Sickness as the Root Cause of All Sicknesses and Difficulties in Life: As the soul-the content of all information in one's quantum field-is the determining element for energy, matter, and every aspect of life, one can conclude that soul sickness is the root cause of all sickness, including physical, emotional, mental, and spiritual sickness, as well as all resulting difficulties and challenges in relationships, finances, career, and every possible aspect of life. Take heart disease as an example, the number one silent killer in the USA and many other countries. What is the root cause of heart disease? Research studies confirm the relationship between heart health and stress, anxiety, and depression [35,36]. There are several theories about how constant anxiety may affect the cardiovascular system. According to the insight about soul sickness, the negative information in one's quantum field causes one to experience anxiety, stress, and depression, which in turn creates more negative information. The increasing chronic negative information-the soul sickness-leads to heart issues. This soul sickness also affects one's relationships, finances, career, and wellness in every aspect of life, which can cause further damage to one's heart through increased levels of stress, anxiety, and other contractive bodily responses.

Causes of Soul Sickness: Soul sickness is due to negative information. Negative information is the disconnection, disorder, and disharmony. There are many causes of soul sickness. We will list a few below.

One's thoughts, emotions, speech, and other actions that can cause disconnection, separation, disorder, and disharmony.

For instance, the thoughts, emotions, speech, and actions generated by the following can cause soul sickness:

- a) Judgment and discrimination
- b) Attachment or detachment
- c) Greed, selfishness, fear, anxiety, stress, hatred, ego, doubt, anger, worry, depression
- d) Ignorance of the connectedness of everything

The negative information created by one's past actions

The negative information created by one's past actions is stored inside one's quantum vibrational field. This accumulated negative information due to past actions can affect one's health, career, relationships, longevity, and every other aspect of one's life.

The negative information created by one's ancestors past actions

Just as one's genes are inherited from one's ancestors, the information in one's quantum field can partly come from one's ancestors. Because of this, soul sickness is inheritable. For instance, it

is summarized that "historical trauma is the collective experience of trauma by a specific group of people across generations, where some particular traumatizing events continue to affect the well-being of contemporary group members [37,38]. The transmission of historical trauma was first conceptualized based on documentation of various symptoms of PTSD exhibited by offspring of Holocaust survivors [39,40], and later in studies with other populations with a history of collective trauma, such as African Americans and American Indian/Alaskan Natives [41]. Studies have found that children of parents affected by trauma manifested PTSD-like symptoms of depersonalization, nightmares, numbing, hypervigilance, unresolved grief, denial, and survivor guilt [42-46]. Historical trauma not only affects the individual (e.g., PTSD, guilt, anxiety, grief, and depression) but also is believed to have an impact on families and communities as a whole [45]. It has been suggested that families may experience impaired family communication and stress around parenting, while communities may experience the loss of traditional culture and values, as well as high rates of substance use and comorbid health conditions [45]. This is important to understand, as extensive research suggests that groups with a history of trauma are more likely to have poor health outcomes in later generations, such as exposure to violence and involvement in child welfare systems, substance abuse, depression, and suicide [45].

Karma as the Cause of Soul Sickness: In Buddha's wisdom, the root cause of sickness is karma. In this work, karma can be defined scientifically as the record-the sum of all positive and negative information generated by past actions, including one's ancestors past actions [9]. Therefore, negative karma is the root cause of soul sickness. Since soul sickness is the root cause of all sickness, difficulties, and challenges in life, one can conclude that karma is the root cause of all sickness, challenges, and difficulties. Likewise, positive karma, often referred to as accumulated virtue, is the accumulated positive information from past actions, elevating wealth, health, and success in every aspect of life. This work aligns with Buddha's wisdom concerning karma. According to the law of karma, one experiences what one causes others to experience [25]. The impact of one's past actions on oneself is even more insidious, severe, and lasting. We will discuss how to use quantum physics to understand, study, and apply the law of karma in greater detail in our future work.

Idealism, Belief Systems, Traditions, Social Systems, and Mindsets as Causes of Soul Sickness: Some negative information constituting soul sickness can come from the accepted idealism, belief systems, traditions, social systems, and mindsets within one's family, community, or country, or associated with certain occupations, traditions, or disciplines. Despair is the fastest-rising cause of death among Americans from drug overdoses, suicide, and alcoholic liver disease. In their book, Deaths of Despair and the Future of Capitalism, American economists Case and Deaton argue that a key driver of these deaths could be associated with capitalism, which over two centuries lifted countless people out of poverty but is now destroying the lives of blue-collar America [23]. The phenomenon

was first examined by Émile Durkheim [47], who defined these deaths as “anomic suicides” in his book *Le Suicide*. These deaths, he argued, result from a breakdown in social equilibrium or social norms, or when individuals believe there is a lack of communal spirit or conclude that the government is indifferent to their needs. In Beck’s cognitive model [48], it states that psychological problems result from an exaggeration of beliefs, affect, and behaviors. Therefore, symptoms of a disorder manifest as significantly distorted beliefs that intensify affect, and in response, maladaptive coping behaviors emerge. For instance, the “Just World Belief,” a core belief held by many individuals, posits that “good” people experience positive events and “bad” people experience negative events. When one experiences difficulties in life, this belief can lead to feelings of self-blame and self-doubt, which cause negative information in one’s thoughts. The negative thoughts can lead to negative emotions such as anger, shame, depression, anxiety, stress, fear, and grief [49]. The negative emotions can lead to negative actions, which lead to sickness, financial difficulties, and relationship challenges.

Soul Healing Techniques

According to our new interpretation of quantum physics, everything has three components: matter, energy, and information. From this point of view, there are three types of healing: matter healing, energetic healing, and information healing. Current allopathic medicine treats sickness by transforming matter through medication and surgery. It belongs to matter healing. Energetic healing, such as traditional Chinese medicine, enhances health and cures sickness by improving energetic flow through the use of herbs, acupuncture, massage, movement, and other traditional methods. Spiritual or soul healing is to enhance life by transforming information. With the mathematical definition of the soul and soul sickness, one can deduce the mathematical definition for soul healing as follows:

Mathematical Definition of Soul Healing

Soul Healing is the Process of Transforming Negative Information into Positive Information.

This mathematical definition of soul healing reveals what soul healing is, how it works, and why it is important. Soul healing changes the negative information within one’s quantum field into positive information. Soul healing addresses the root cause of sickness, difficulties, and challenges. It can help transform all problems in every aspect of life, from physical, emotional, mental, and spiritual issues to relationship, financial, career, and other problems in an individual’s life, in a family, in a society, or in the world. Soul healing is critical for health, wellness, longevity, and success in every aspect of life in the world.

Take the treatment of phantom limb syndrome as an example. As pointed out earlier, phantom limb syndrome can be considered a soul sickness. It is not surprising that pain medication is found to have little effect in this case. Mirror therapy [50] has been used with some success in patients who have had a hand, arm, or leg amputated. In mirror therapy, patients are required to move their

unaffected arm or leg while observing the movement in a mirror, which creates the visual illusion that the missing limb on the other side of the body is moving. From our quantum theory of the soul point of view, mirror therapy works by reprogramming the information related to the limb. One can consider mirror therapy a soul healing technique.

The placebo effect can be considered a crude form of soul healing. The placebo effect is the phenomenon of positive clinical outcomes created by an inert substance administered as a regular treatment. Clinical research indicates that placebos can improve patient-reported outcomes such as pain and nausea [51,52] but also improved objective outcomes for Parkinson’s disease-related motor functions [53] and immune/endocrine parameters [54]. The mechanism for how placebos could have effects is uncertain. In 1985, Irving Kirsch hypothesized that placebo effects are produced by the self-fulfilling effects of response expectancies, in which the belief that one will feel different leads a person to actually feel different [55]. An open-label study in 2010 showed that placebos had an effect even when patients were clearly told that the placebo they were receiving was an inactive substance like a sugar pill that contained no medication. These results challenge the “conventional wisdom” that placebo effects require “intentional ignorance” [56]. In [57], the “ritual effect” is considered the operative agent that induces anticipation for transition to a better state.

From our insight about soul sickness and soul healing, a placebo works by bringing positive information to patients and is a soul healing technique. The clinical proof of the placebo effect demonstrates the validity and effectiveness of soul healing in its simplest form, the placebo. Other soul healing techniques that affect change by directly giving positive information include praying, making a wish or request, repeating a positive affirmation, visualizing or imagining a desired result. There are many reported successes using these soul healing techniques. However, the chance of success can be uncertain or limited. Forgiveness practice is an important soul healing technique. Forgiveness is to realize the negative information in one’s thoughts, emotions, behaviors, and actions and to change them into positive information. One example of soul healing through forgiveness practice is Ho’oponopono practice. Ho’oponopono practice is an ancient Hawaiian problem-solving approach. The word “ho’oponopono” means “to correct” or “to make right.” According to Mornah Simeona, the developer of one form of Ho’oponopono therapy, Ho’oponopono focuses on forgiveness and creating balance-physically, mentally, and spiritually-through the conscious, subconscious, and superconscious mind [58,59]. Research [58] using a Ho’oponopono instruction class demonstrated statistically significant outcomes such as reduced mean blood pressure.

In addition to transforming one’s negative information, soul healing can also occur through changing one’s quantum vibrational field. Information, energy, and matter are carried and determined by one’s quantum vibrational field. By changing one’s quantum vi-

brational field, negative information can be changed. This type of soul healing includes chanting mantras, sound healing, ceremony, ritual, dancing, music, and art. One of the authors of this paper, *Zhi Gang Sha*, is the founder of a series of soul healing techniques, including Tao Calligraphy and Tao Song. Tao Calligraphy creates a quantum field carrying source positive information, which can help change one's quantum field and transform negative information into positive information. Tao Song is human vocal sound carrying positive information from the source that can transform people's vibrational fields and negative information into positive information. Dr. Peter Hudoba and his team have conducted more than nineteen clinical research studies with over 600 subjects. These studies reveal the effectiveness of Tao Calligraphy and Tao Song in addressing different health issues, such as depression, pain, breast cancer, and improving quality of life [60-68].

Discussion and Conclusion

In this work, we propose using quantum physics to study the root cause of sickness and difficulties in life. We suggest the importance of the positive information carried in one's quantum vibrational field for health, wellness, and the development of life. We present mathematical definitions for soul sickness and soul healing based on the concept and insight about positive information and negative information. According to these definitions and insights, we arrive at the following conclusions about soul sickness and soul healing:

- 1) Soul sickness is the root cause of all sickness, difficulties, and challenges in life.
- 2) Soul healing can address the root cause of sickness.
- 3) Soul healing helps with all sickness, difficulties, and challenges in life, including physical, emotional, mental, and spiritual challenges, as well as relationships, finances, careers, and every aspect of life at the deepest level.

We discuss soul healing techniques. In essence, a good soul healing technique should be able to:

- 1) Change existing negative information inside the quantum field of the patient into positive information.
- 2) Help patients realize the negative information in their thoughts, emotions, speech, and actions and change them into positive information.
- 3) Help the patient connect with oneself and others.

Soul healing not only addresses the root cause of all sickness and challenges in life but also has the following advantages:

- 1) Soul healing can be applied by and for oneself or remotely by and for others.
- 2) Soul healing techniques complement and can enhance all current medical techniques and healing modalities.

- 3) Soul healing techniques are easy and simple to implement by medical doctors, health practitioners, psychiatrists, business consultants, other professionals, and everyone as either stand-alone techniques or in conjunction with other healing modalities and medical practices.

Considering the importance and advantages of soul healing, more studies should be directed toward soul healing so that it can be more widely applied to help improve the health and wellness of humanity.

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Conflict of Interest

None.

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